

St. James Soccer



Special Interest Articles:

- Soccer Starts
April 4.

Highlights:

Health	2
Equipment	2
League Rules	2
Schedule	3
Results	3

St. James Soccer 2009

It's time for the 2009 St. James Soccer season. Boys and Girls from 3rd through 8th grade are eligible to play on the Co-Ed teams. The season will run from April 4 through June 6. Varsity games will start on the weekend of April 4.

Practices will normally be on Wednesday afternoons. The 3rd, 4th and 5th grade teams will practice from 5:00 pm to 6:30 pm and the 6th, 7th and 8th grade teams will practice from 6:00 pm to 7:30 pm. There may be some modifications to this schedule early in the season due to weather and darkness

Games are usually

Saturday mornings between 8:00 am and 2:00 pm. There may be some minor change to this schedule. Games are at Charter Oak Field, Veterans Field or Kennedy Field. All fields are in Manchester

Please Note: When parking at the Methodist Church lot, please leave the first row open for the church members.

St. James Team /League Make -up

We plan on fielding four teams again this year. This year it will be a little different. There will be three Varsity teams and one Junior Varsity team.

There will be three St. James Varsity teams. They will be set by mostly by grade so the children will be on a team made up of mostly their classmates.

The St. James Gold team is made up of mostly the graders. The St. James Blue team is made up of mostly seventh graders. The St. James White team is made up of mostly sixth

graders. Once the roster is submitted to the league no changes can be made.

The Varsity league will be made up of 16 teams:

St. James - Gold
St. James-Blue
St. James-White
Assumption-Navy
Assumption White
St. Christopher-Maroon
St. Christopher - White
St. Bridget - Forest
St. Bridget-White
St. Bridget-Emerald
St. Brigid - United
Corpus Christi
St. Rose
St. Joseph
St. Mary
St. Bernard

The Junior Varsity team will be made up of 3rd, 4th and 5th graders. There will be two new JV teams in the league this year. St. Edwards – Stafford Springs and St. Dominic – Southington have joined the league.

Health

Each player is required to have a health form submitted to the school prior to being allowed to practice or play in a game.

In addition to that there are some simple guidelines that should be followed:

Hydration: Everyone should bring a water bottle with them. Also it is a good idea to drink water prior to game to be

properly hydrated.

Energy: Please be sure that all children eat something prior to the games.

If your child has an inhaler for allergies or asthma please remember to bring it with you.

If your child has an epi-pen for bee stings it is a good idea to bring it along. Bees are not uncommon to the area.

Although it may be early to think about this, don't forget Sunscreen.

If possible please try to arrive at least 15 minutes prior to the game. In addition to helping the coach plan the line-up, it allows proper time for warm up and stretching.

Equipment

We will provide everyone with a St. James Soccer Jersey. Shirts must be tucked in during the games.

If you have a St. James shirt from last year please bring it to the first game. If you did not get a shirt at practice we will distribute them before the game.

We are short some shirts in the larger sizes. We have ordered additional shirts but for the first

game we may have to have players squeeze into smaller sizes or loan a shirt to a player on another team.

Shin guards are required in order to participate in the games.

Soccer cleats are not required but are very helpful, especially on a wet field.

Dark (Black or Navy) shorts are best.

Mouth guards are not required but most dentists will recommend that all children wear one for all sports.

We will provide basic goal keepers equipment.

Please ask you children to keep an eye on their equipment. If you are missing equipment after the game, check with your coach.

"What to do with a mistake? Recognize it, admit it, learn from it, forget it."- Dean Smith'

League Rules

The Connecticut Catholic School Soccer League is a limited contact league aggressive play is not tolerated.

Each team gathers for a team prayer prior to the start of play for the day.

All jewelry must be removed for the game.

Shin guards are required to play.

Shirts must be tucked in.

Sportsmanship is key, and respect is required. There should be no disrespect towards any player, referee or coach by any player, coach or parent.

The league can handle any disputes/complaints

Schedule of Games April 4, 2009 – All games at Charter Oak Field

8:00am Field-2 St. James Gold (Eighth grade team) vs. Assumption-Navy

8:00am Field-3 St. Joseph vs. St. Christopher-Maroon

9:40am Field-2 St. Bridget Forest vs. St. James-Blue (Seventh grade team)

9:40am Field-3 St. Mary vs. St. Bernard

11:10am Field-2 Assumption White vs. Corpus

11:10am Field-3 St. Christopher White vs. St. James-White (Sixth grade team)

12:40pm Field-2 St. Bridget-Emerald vs. St. Brigid United

12:40pm Field-3 St. Rose vs. St. Bridget-White

Please be sure of your game time and location. If you have a problem and need to contact some one on the field at practice or game day call Jon Sargent's cell (860) 930-0554

Follow the results/schedule on line

The Connecticut Catholic School Soccer League maintains a website where you can get the game schedules, results and other current information. Follow this link for their website

[CCS Soccer](#)

If that link does not work paste the following address into your browser

<http://hometeamsonline.com/teams/default.asp?u=NORCONNPSL&t=c&s=soccer&p=schedule>

It may take a couple of weeks for the website to have the complete schedule available. There are a lot of variables in setting up the schedule so please be patient. For the first couple of weeks we

may need to send out the schedules by email.

Coaches will always send out the current week's schedule.

***All games this week
are at Charter Oak
Field***

Behind this Newsletter

Most sports at St. James have some method getting results and information out to the teams and parents. Most of the time it is only about the team your children are on. The teams are pretty independent.

St. James soccer is a little different. All teams will practice together on Wednesday evening. We want to instill in the players we are all one

team even though we play in four different games on Saturdays.

We want everyone on the team to know what happened last week and what the plan is for the next week.

We will try to publish this weekly to keep everybody up to date on the news about St. James Soccer.

This is not planned to be

only a stat sheet – who scored the most goals or which keeper stopped the most shots. It's a means to get information out to parents and players.

What it turns into who knows – stay tuned.

This week's Soccer trivia question

Who was the first player to score 4 goals in a world cup game? Get extra credit for the year and the team he scored against!

“Only 432 days left to the start of the 2010 World Cup. To be held in South Africa.

