



## **Saint James School Athletics**

### **1. No Signed School Athletics Health Form = No Saint James Athletics**

**For the safety of your child, a signed School Athletics Health Form must be on file in the Office BEFORE the first practice or participation in Open Gym.** If you have not already submitted a Health Form, please complete the attached Health Form, have it signed by your child's physician, and return it to the Office before your child participates in any Saint James School sport.

**Please note: Many medical offices require 2 weeks to process an Athletics Health Form, so please plan ahead.**

### **2. Coaches/Volunteers**

If you would like to volunteer as a coach, assistant coach, team parent, or concession stand worker, please fill out the Saint James Athletics Volunteer Form and return it to the Office by Wed, September 28<sup>th</sup>.

### **3. Fees - the following fees are required to participate in athletics at Saint James School:**

**Cross Country - \$35.00**

**Basketball - \$60.00**

**Cheerleading - \$35.00**

**Soccer - \$35.00**

**Checks should be payable to "Saint James School" and given directly to the team coach.**

**Basketball Open Gym sessions will begin in early October**

***Good Luck to Coach Hess and Our Cross Country Team!***