






January 2012 St. James Menu



Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Tuna Sandwich Yogurt/Bagel Plate	January 2 	3 Chicken Nuggets Steamed Brown Rice Steamed Green Beans Choice of Fruit	4 Corn Dog Nuggets Potato Puffs Tomato Soup Choice of Fruit	5 Beef Stroganoff Over Noodles Steamed Broccoli Choice of Fruit	6 Mini Pizza Bagels Garden Salad Choice of Fruit
Bologna & Cheese Sandwich Yogurt/Bagel Plate	9 Whole Grain French Toast Sticks, Low Fat Sausage Links, 100% Fruit Juice Yogurt Cup Choice of Fruit	10 Cheese Lasagna Mixed Green Salad Choice of Fruit	11 Chicken Patty on a Whole Wheat Roll Steamed Green Beans Choice of Fruit	12 Diced Turkey and Gravy Mashed Potato Steamed Carrots Whole Wheat Dinner Roll Choice of Fruit	13 French Bread Pizza Cheese or Veggie Pasta Salad Choice of Fruit
Turkey Sandwich Yogurt/Bagel Plate	16 No School I Have A Dream  Martin Luther King, Jr. Day	17 Beef Burger, Cheese Burger or Veggie Burger Sweet Potato Fries Lettuce & Tomato Choice of Fruit	18 Crispy Fish Sticks Broccoli with Cheese Sauce Choice of Fruit Mini President Cookies	19 Pasta & Meatballs Garlic Bread Garden Salad Choice of Fruit	20 Pizza Sticks Marinara Sauce Baby Carrots with Low Fat Dip Choice of Fruit
Ham & Cheese Sandwich Yogurt/Bagel Plate	23 Toasted Cheese Sandwich on Whole Wheat Bread Tomato Soup Yogurt Cup Choice of Fruit	24 Honey Mustard Chicken Wrap Spinach Salad Choice of Fruit	25 $\frac{1}{2}$ Day No Lunch Served	26 Asian Tangerine Chicken Corn Steamed Brown Rice Choice of Fruit	27 Personal Pizza Round Cheese or Veggie Vegetable Sticks & Low Fat Dip Choice of Fruit
Tuna Sandwich Yogurt/Bagel Plate	30 Popcorn Chicken Mashed Potato Gravy Steamed Carrots Choice of Fruit	31 Low Fat Mozzarella Sticks Marinara Sauce Whole Wheat Pasta Garden Salad Choice of Fruit	<i>Menu subject to change</i> <i>Daily fruit choices include: a variety of fresh, canned & 100% fruit juice!</i>		 <i>Daily Milk Choices Include: (included with all meals) 1%, Skim, $\frac{1}{2}$% Chocolate, 1% Strawberry</i>

Grades K-5: \$1.75 - Grades 6-8: \$2.00
 Reduced Lunch Price: \$.40
 Adult Lunch Price: \$2.50
 Milk Only: \$.40

