
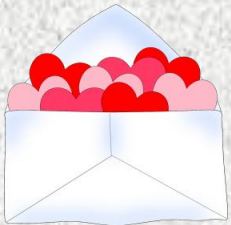


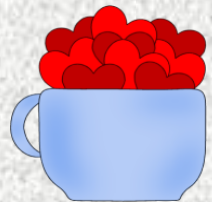
February 2012
St. James Menu



Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Yogurt/Bagel Plate Tuna Sandwich			1 Chicken Fajita Mixed Vegetables Choice of Fruit	2 Nacho Supreme Baked Tortilla Chips Taco Meat, Lettuce & Tomato, Cheese Sauce, Salsa, Sour Cream Choice of Fruit	3 French Bread Pizza <i>Cheese or Veggie</i> Pasta Salad Choice of Fruit
Yogurt/Bagel Plate Ham & Cheese Sandwich	6 Strawberry Banana French Toast Sticks Low Fat Sausage Links Yogurt Cup 100% Fruit Juice Choice of Fruit	7 Chicken Nuggets Mashed Sweet Potatoes Cucumber Salad Choice of Fruit	8 Cheese Ravioli Mixed Green Salad Choice of Fruit	9 Beef Stroganoff Over Noodles Steamed Green Beans Choice of Fruit	10 Mini Pizza Bagels <i>Cheese or Veggie</i> Baby Carrots with Low Fat Dip Choice of Fruit
Yogurt/Bagel Plate Tuna Sandwich	13 Corn Dog Nuggets Potato Puffs Tomato Soup Choice of Fruit	14 Asian Tangerine Chicken, Corn Steamed Brown Rice Choice of Fruit 	15 Toasted Cheese Sandwich on Whole Wheat Bread Tomato Soup Yogurt Cup Choice of Fruit	16 Chicken Patty on Whole Wheat Roll Steamed Carrots Choice of Fruit	17 Pizza Wedge <i>Cheese or Veggie</i> Veggie Sticks with Low Fat Dip Choice of Fruit
	20 Winter Break				
Yogurt/Bagel Plate Turkey Sandwich	27 Beef Burger Cheese Burger or Veggie Burger on Whole Wheat Roll, Corn Choice of Fruit	28 Cheese Lasagna Garden Salad Choice of Fruit	29 Baked Potato Bar Taco Meat, Cheese Sauce Sour Cream, Rice Choice of Fruit	<i>Milk is available with all lunches</i> Daily Milk Choices include: 1%, Skim, ½% Chocolate, & 1% Strawberry	Daily fruit choices include a variety of fresh, canned, and 100% fruit juice.



Menu subject to change
Grades K-5: \$1.75 – Grades 6-8: \$2.00
Reduced Lunch Price: \$.40
Adult Lunch Price: \$2.50
Milk Only: \$.40



Please log onto www.ezschoollpay.com to monitor your child's account or Call 860-647-3462