

# FEBRUARY 2010

## St. James School Menu

### DAILY FEATURES

Choose One of the Following:

HOT LUNCH ENTRÉE  
BAGEL YOGURT PLATE  
DELI SANDWICH

Combine Fruit & Milk with any  
of the entrees above for a  
well balanced meal !!

Daily Fruit Choices Include:  
Fresh, canned, and 100% fruit juice.

Daily Milk Choices Include:  
1%, 2%, Skim,  
1% Chocolate

Weekly Deli Alternates:

February 1 – 5  
Turkey Sandwich  
February 8 – 12  
Ham & Cheese Sandwich  
February 22 - 26  
Tuna Sandwich

Gr. K–5 MEAL PRICE      \$1.75  
Gr. 6–8 MEAL PRICE      \$2.00  
ADULT LUNCH PRICE      \$2.50  
REDUCED MEAL PRICE    \$ .40  
MILK ONLY                    \$ .40

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Meatball Grinder Onion Rings Garden Salad Choice of Fruit	2 Cheese Dippers Marinara Sauce Shells Green Beans Choice of Fruit	3 Beefburger or Cheeseburger on a Whole Wheat Roll Lettuce & Tomato Potato Rounds Choice of Fruit	4 Chicken Nuggets Seasoned Noodles Fresh Cooked Carrots Choice of Fruit	5 Pizza Round Pasta Salad Choice of Fruit
8 Hot Dog on a Whole Wheat Roll Baked Beans French Fries Choice of Fruit	9 French Toast Sticks Sausage Links 100% Fruit Juice Choice of Fruit	10 American Cheese Rolls Tomato Soup Choice of Fruit Cheddar Goldfish	11 Nacho Supreme Tortilla Chips Seasoned Meat Cheese Sauce, Salsa Lettuce & Tomato Rice Choice of Fruit	12 Pizza Wedge Baby Carrots & Low Fat Dip Choice of Fruit Frozen Shape Up Cup
15	16	17	18	19
<h1>February Vacation</h1>				
22 Chicken Tenders Rice Green Beans Choice of Fruit	23 Pasta & Meatsauce Garlic Bread Garden Salad Choice of Fruit	24 Baked Fish Sticks Fresh Steamed Broccoli Cheese Sauce Choice of Fruit	25 Chicken Patty on a Whole Wheat Roll Lettuce & Tomato Corn Choice of Fruit	26 Pizza Veggie Sticks & Low Fat Dip Choice of Fruit